

Weekly Menu

Week 9 Term 1

	Monday 28/3/22	Tuesday 29/3/22	Wednesday 30/3/22	Thursday 31/3/22	Friday 1/4/22
Breakfast	Breakfast Cereals	Waffles with Berries	Pizza Omelette	Toasties	Smoothies
	$\bigcirc igodot$ $igodot$				
	Toast, cereal, milk and fresh fruit are available for breakfast every morning.				
Afternoon Tea	Vegemite & Cheese Scrolls Puff pastry filled with cheese and Vegemite spread, baked in the oven.	Burmese Chicken Curry Rice House made curry with chicken and vegetable served with traditional coconut rice.	Chicken Pasta Napolitana Pasta with seasonal vegetables in a Napolatana Sauce	Chicken Fajitas Housemade fajitas, stuffed with chicken, capsicum, onion and sour cream Vegetarian option available	Lebanese Bread with Spreads Lebanese bread served with traditional dips from all around the world
		Vegetarian option available			
	Fresh seasonal fruit is served everyday with afternoon tea. Fruit is also offered as a snack at 4.30pm and 5.30pm. Water is always available.				



Fruit and/or vegetables

Wholegrains & cereals

Dairy

Protein